

Seeds of Greatness



What type of fruit are your thoughts bearing?

▶ You are a whole person with many facets to your life. We are creative professionals who believe in the power of Out-of-the-Box coaching. Yes, we've done the corporate scene, we even have the mugs & t-shirts to prove it! Now, we can provide you with relevant tools for a sustainable, joyful, healthy, and prosperous life. We also offer personality assessments, keynotes, workshops, and other business tools to help you meet your goals. All because you are worth it and we believe in you!

Information on essential oils exclusively applies to those offered by Young Living. To learn more about essential oils, please visit:

www.skydivaioils.com

Essential oils descriptions are derived from the *Essential Oils Desk Reference* 3rd Edition, compiled by Essential Science Publishing.

Disclaimer: The information contained in this brochure is for educational purposes only. It is not provided to diagnose, prescribe, or treat any condition of the body. The information herein should not be used as a substitute for medical counseling with a health professional. Neither the manufacturer, the publisher, Rising Above LLC, its affiliates, or the location where you picked up this brochure accept responsibility for such use.

Copyright 2007 Rising Above LLC, All rights reserved



Helping You Soar to Higher Altitudes of Success™

Christina M. Santiago

22 Brookview Road
Denville, NJ 07834

Phone: 201-400-0121

E-mail: christina@risingabovellc.com
Web: www.risingabovellc.com

Christina M. Santiago



▶ Outside-the-Box Coaching

Incorporating a touch of nature to enhance your energy, increase your results & enrich your life.

Tel: 201 400 0121

Why work with a coach?

Are you...feeling overwhelmed? Looking to make a change in your life or career and don't know where to begin? In transition? Feeling like your efforts in goal achievement may be missing the mark? If you answered "yes" to any of these questions, then you have found your way!



Because you deserve it!

Business & personal coaching is an ongoing professional relationship that helps people produce extraordinary results in their lives, careers, businesses or organizations.

Coaches serve as catalysts for life transformation. They are trained to listen, observe & customize their approach to individual client needs. A coach assists clients to tap into inner wisdom & talents that may have been hidden or under-utilized. *The coach's job is to provide support to enhance the skills, assets, & creativity of the client.* A coach sees the big picture, actively listens, & calls it like it is...for your focus, accountability, guidance, and encouragement.

Why Choose Outside-the-Box Coaching?

We take a holistic approach to help you reach your goals. One of our unique points is that *we use aromatherapy during our sessions.*

Although pure, therapeutic grade essential oils are used by the medical profession, lay persons are using them for everyday use to enhance our daily lives.

Essential oils can serve as complementary tools to intensify your coaching results.



Helping you soar to higher altitudes of success and life fulfillment.

Your Needs

In our initial meeting, together we discuss your goals and objectives. This is a co-creative process. If applicable, we will suggest essential oils to suit your situation and life needs.

Powerful Transformation

Here is a sampling of essential oils that can be incorporated into your coaching program, depending on your needs:

Motivation. Stimulates feelings of action and accomplishment, providing positive energy to help overcome feelings of fear and procrastination.

Harmony. Promotes physical and emo-

tional healing by creating harmonic balance to the energy centers of the body.

Abundance. Increases the attraction of abundance and success. It enhances the frequency of the energy field that surrounds us. This frequency creates "the law of attraction", a harmonic magnetic energy field around oneself.

Highest Potential. Helps you gather your possibilities and achieve your highest potential.

Transformation. Reaching into the deepest recesses of memory, empowers & upholds the changes you want to make in your belief system.



Work-life balance.

Release. Helps release anger & memory trauma from the liver in order to create emotional well-being. Letting go of negative emotions and frustration enables one to progress in a positive way.

Peace & Calming. Promotes relaxation and a deep sense of peace, uplifts spirits.

Christina M. Santiago

22 Brookview Road
Denville, NJ 07834

Phone: 201-400-0121
E-mail: christina@risingabovellc.com
Web: www.risingabovellc.com